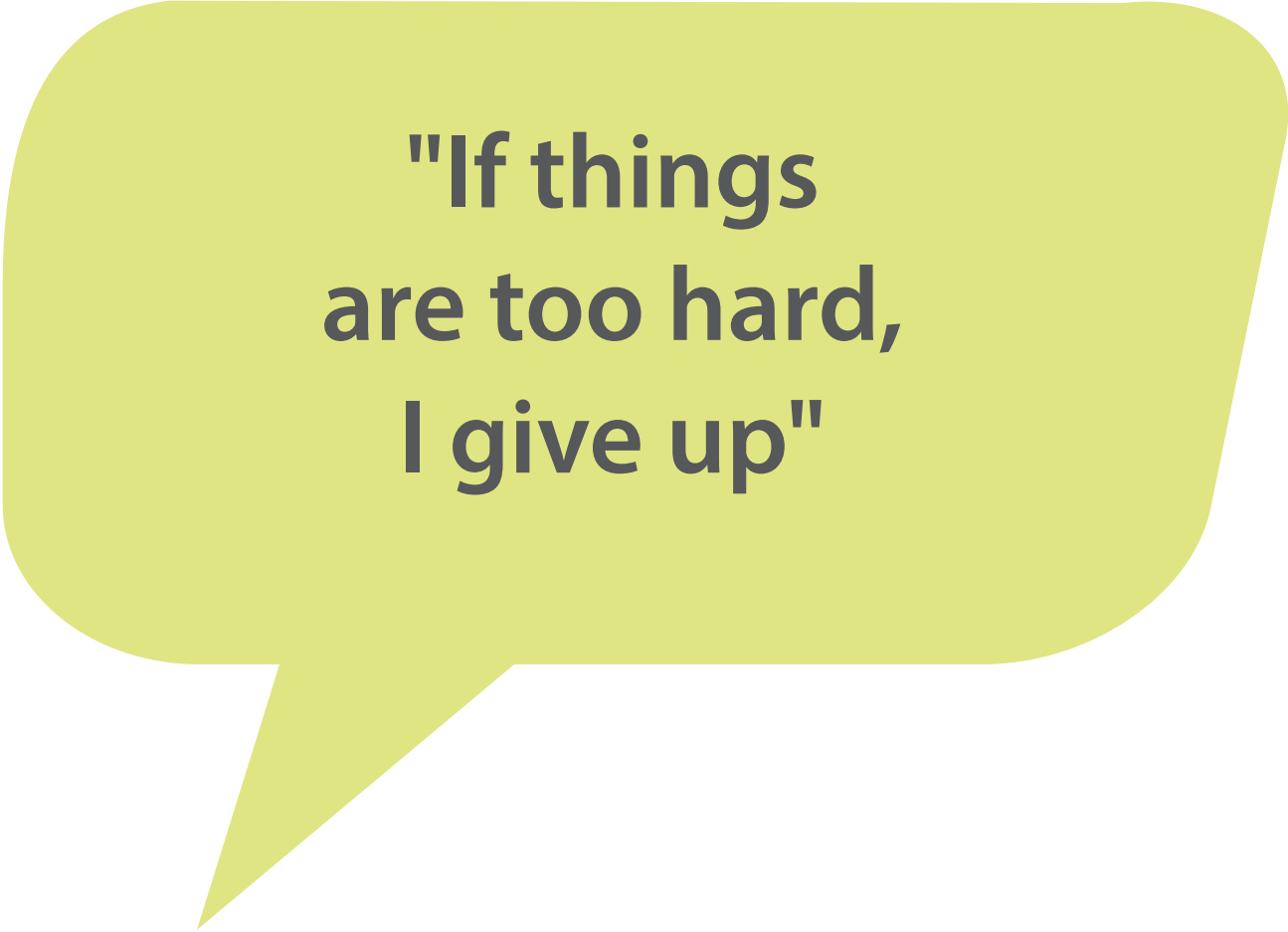


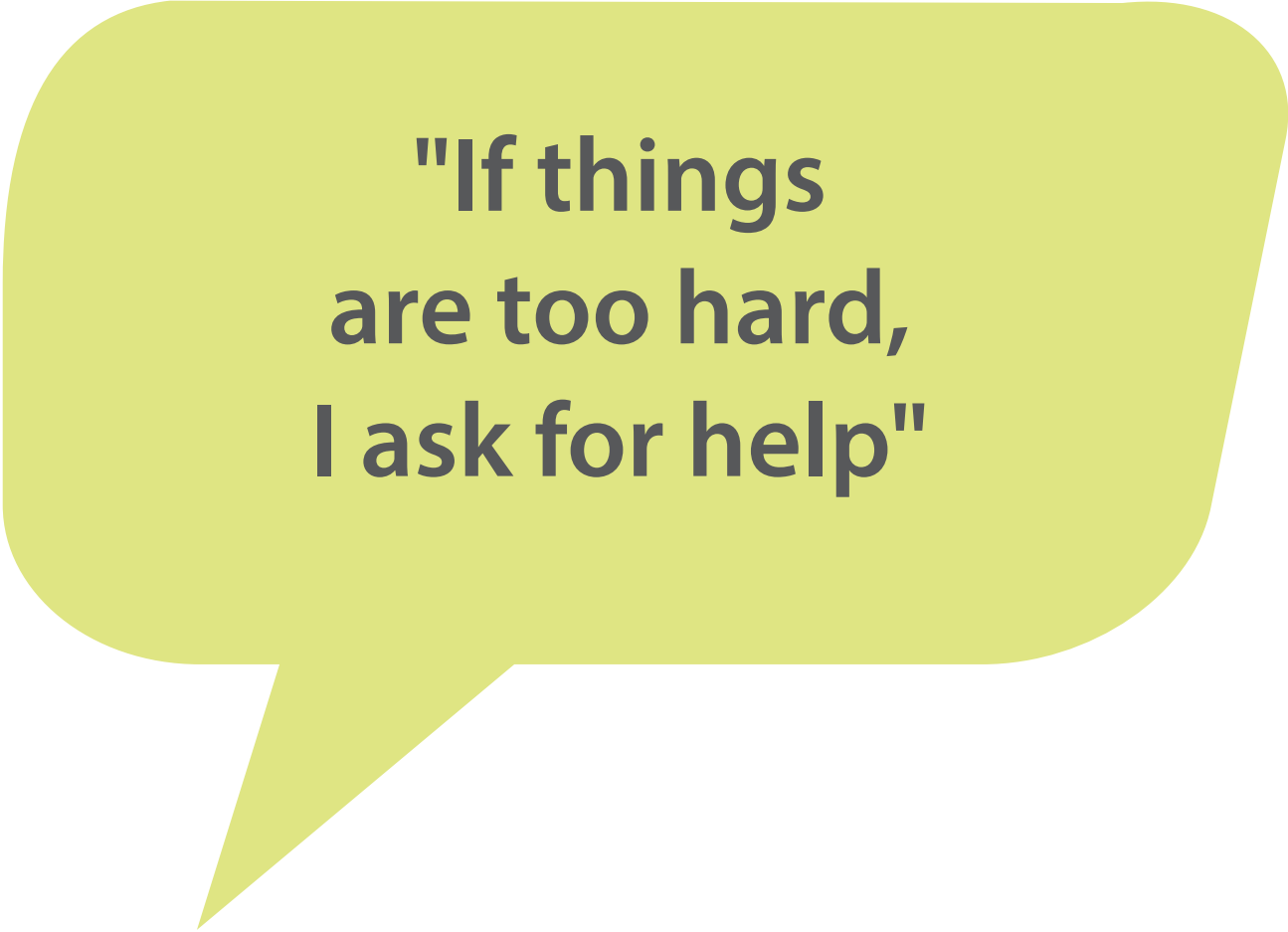
**Fixed
mindset or
*Growth mindset?***

Which one
do you have?




**"If things
are too hard,
I give up"**

Fixed mindset




**"If things
are too hard,
I ask for help"**

Growth mindset

A pink speech bubble with a pointed tail pointing downwards and to the left. Inside the bubble, the text "Failure is to be avoided at all costs" is written in a bold, dark grey font.

**"Failure is
to be avoided
at all costs"**

Fixed mindset




**"Failure is
an opportunity
for growth"**

Growth mindset

An orange speech bubble with a tail pointing downwards and to the left. Inside the bubble, the text "I don't like getting negative feedback or criticism" is written in a bold, dark grey font.


**"I don't like getting
negative feedback
or criticism"**

Fixed mindset

An orange speech bubble with a tail pointing towards the bottom-left. Inside the bubble, the text reads: "I enjoy getting feedback as it helps me improve".


**"I enjoy getting
feedback as it helps
me improve"**

Growth mindset

A blue speech bubble with a tail pointing towards the bottom left. Inside the bubble, the text "I feel threatened when others succeed" is written in a bold, dark grey font.

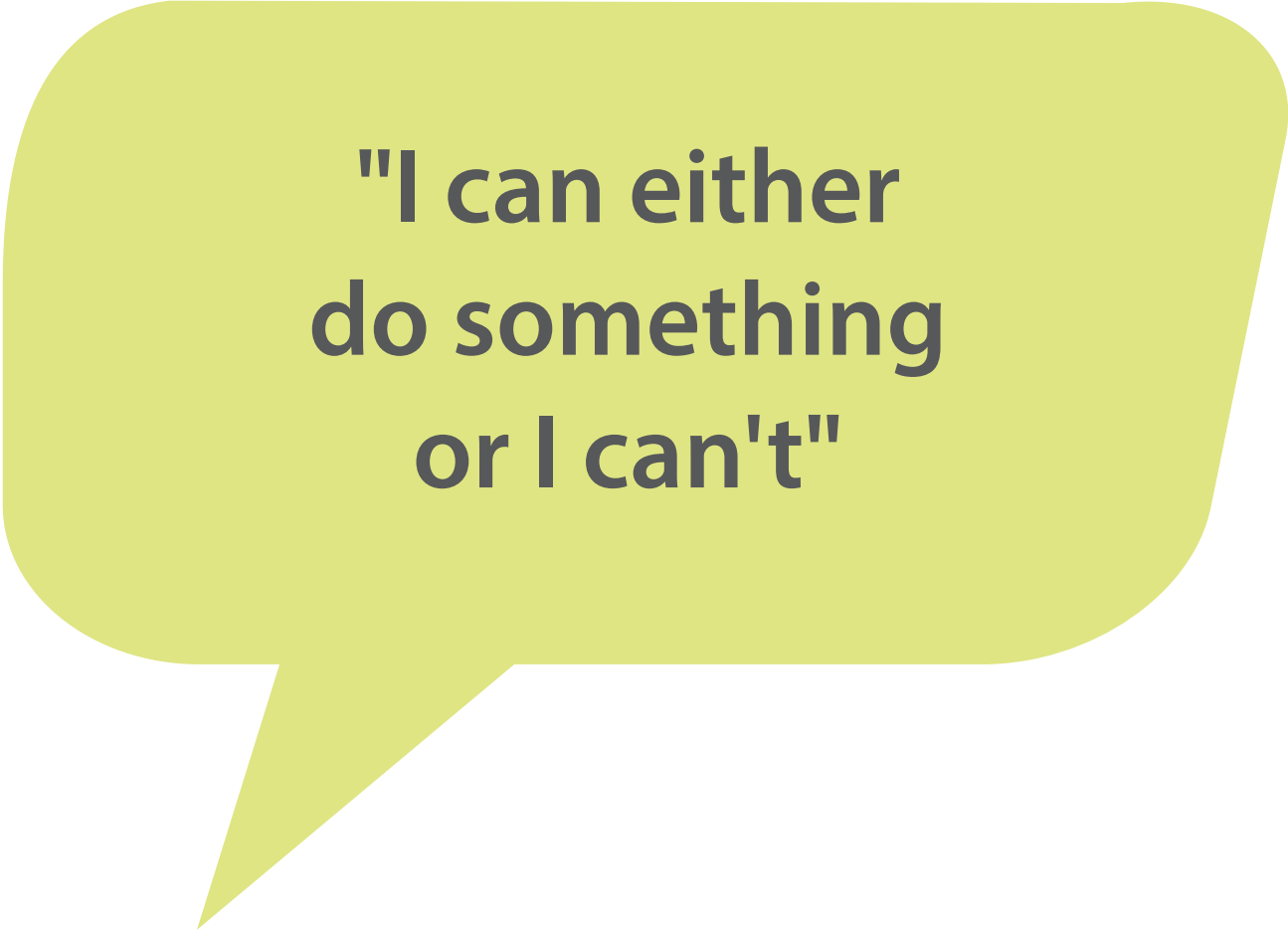
**"I feel threatened
when others
succeed"**

Fixed mindset




**"I feel inspired
when others
succeed"**

Growth mindset




**"I can either
do something
or I can't"**

Fixed mindset



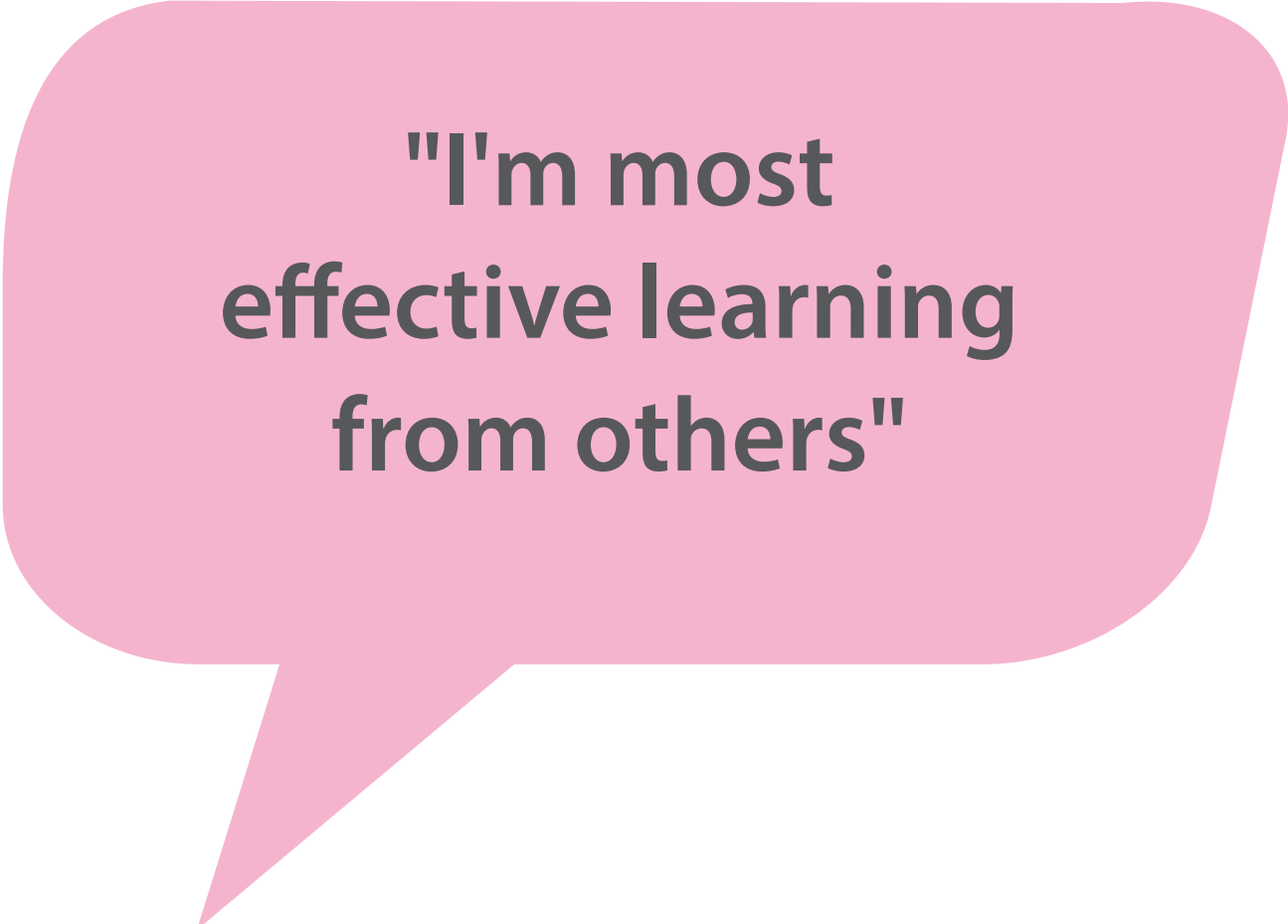
**"I can do anything
if I put in the
time and effort"**

Growth mindset

A pink speech bubble with a pointed tail pointing downwards and to the left. Inside the bubble, the text is centered and reads: "I'm most effective working on my own".


**"I'm most
effective working
on my own"**

Fixed mindset

A pink speech bubble with a pointed tail pointing downwards and to the left. Inside the bubble, the text is centered and reads:


**"I'm most
effective learning
from others"**

Growth mindset

An orange speech bubble with a tail pointing towards the bottom left. Inside the bubble, the text "I don't like new challenges or change" is written in a bold, dark grey sans-serif font.

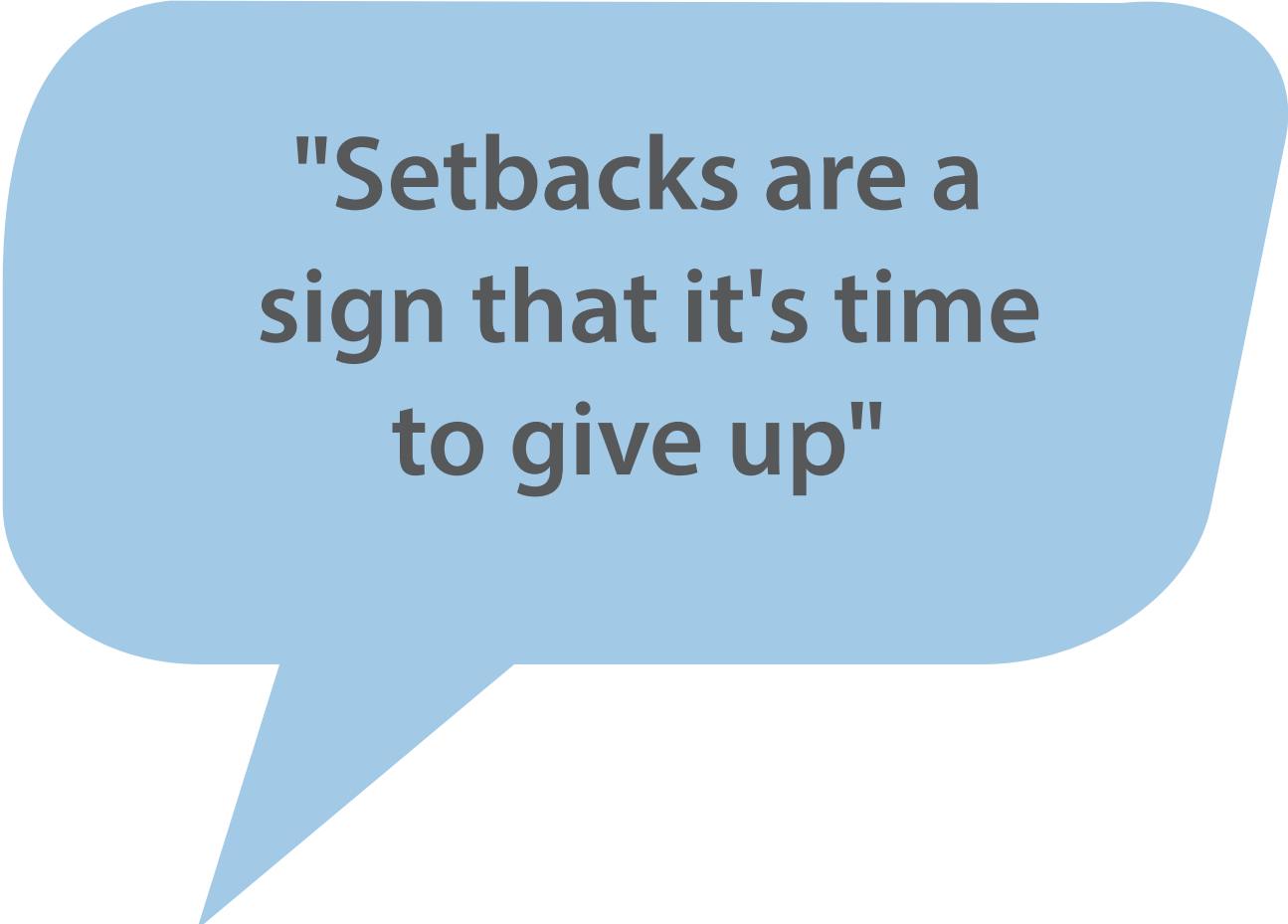
**"I don't like
new challenges or
change"**

Fixed mindset

An orange speech bubble with a tail pointing towards the bottom-left. Inside the bubble, the text "I embrace new challenges and change" is written in a bold, dark grey, sans-serif font.


**"I embrace
new challenges
and change"**

Growth mindset

A blue speech bubble with a white border and a tail pointing downwards and to the left. Inside the bubble, the text is centered and reads: "Setbacks are a sign that it's time to give up".

"Setbacks are a sign that it's time to give up"

Fixed mindset

A blue speech bubble with a white border and a tail pointing towards the bottom-left. Inside the bubble, the text is centered and reads: "Setbacks are just challenges to overcome".

**"Setbacks are
just challenges
to overcome"**

Growth mindset

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